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# Terms and Conditions of Residence

Hope and Vision Communities offer move on accommodation to residents that have completed a residential treatment program.

You will have demonstrated progress and willingness to change.

We offer you a further two to three-year period of supported community living and there is an expectation you will be pro-active and engage with local recovery networks.

We endeavor to continue a level of support to empower you further in managing personal responsibility. Through key working, we will encourage you into further education, training and employment, to improve your position for transition to fully independent living.

Amended August 2023



## **House Rules and Responsibilities**

Failure to adhere to these rules will activate the disciplinary process, which consists of verbal, written, 2<sup>nd</sup> written warning and final written warnings. This could lead to your license agreement being terminated.

The rules have been written to protect the safety and security of the community, helping to develop healthy relationships and boundaries, to implement and action further what you have already learned in treatment.

These rules cannot cover every eventuality: Any behavior deemed unacceptable by staff, trustees and/or society in general may still result in the disciplinary process. **SO PLEASE CHECK** if unsure.

### **Expectations, Responsibility and Accountability**

You will be expected to continue a positive attitude to addressing challenges and problem solving in your transition to fully independent living. You're expected to treat housemates, visitors and staff with respect and behave appropriately in the property as well as with neighbors and the local community.

Hope and Vision Communities take a love and respect attitude towards living in community. Through self-help and peer support. For the house to remain a safe place for everyone, if a resident finds it too challenging to raise concerns directly. Raising concerns to staff will be treated with anonymity and confidence when requested.

Having said that self-help and peer support at this stage of your recovery would be encouraged to be your primary initiative as shared responsibility and accountability is more productive for the community. Challenging keeps in line with the concept of love and maintaining healthy relationships. Failure to challenge behaviors may result in colluding and co-signing those behaviors and may become problematic, condoning negative behaviors within the community. Therefore, concealing or keeping secrets for others will result in consequences and disciplinary action. Especially where drugs and alcohol are involved.



#### **Use of Drugs and Alcohol**

The use of drugs and alcohol will not be tolerated in Hope and Vision houses. If you are found to have been consuming, possessing or being involved with drugs or alcohol your license will be terminated with 24hours to leave the property. This rule is without exception, for the protection of the community.

#### **Drug and Alcohol Testing**

Random breathalyzer and urine testing will be taking place to keep up accountability and security of the community regularly. As required to maintain abstinence evidence-based living. Refusal to provide a test will result in non-compliance and your license will be terminated if not provided within four hours of request.

It is your responsibility not to use mouthwashes/spray and foods that contain alcohol, or eat poppy seeds, as they may affect your tests. Testing positive will result in your license being terminated. CBD vape oils are also prohibited and not allowed in houses.

#### Medication

It is your responsibility to liaise with your doctor and collect prescriptions, in addition to keeping safe and secure any medication kept on the Hope and Vision Communities premises. Some prescribed medication is highly addictive and therefore is prohibited. This includes, but is not exclusive to, the following: Opiates (such as codeine and morphine), benzodiazepines, barbiturates, gabapentin and pregabalin.

If you are unsure if your medication is allowed, PLEASE CHECK WITH STAFF.



#### Safety and Security

In case of fire – Vacate the building via the nearest safest exit. Call 999 and report to staff if they are not on site.

**Smoke alarms** – Alarms must be in good working order and checked regularly: It is your responsibility to replace batteries when needed.

**Smoking and Vaping** – The Hope and Vision Communities house(s) are a non-smoking environment, which includes vaping and e-cigarettes. Anyone who is found smoking or vaping in the property will be subject to the discipline process. Any signs of smoking (e.g., smell of smoke/ash burns) will result in <u>all</u> residents being subject to a warning, unless the individual(s) responsible come forward.

**Windows and Doors** – Hope and Vision Communities do not take responsibility for your possessions. It is your responsibility to obtain contents insurance if you wish to do so. All windows and doors are to be locked and secure when leaving the property. Keep your own room secure when going out, even when other residents are in.

**Keys** – You are responsible for any keys in your possession. If keys are lost or broken, there will be a fee of £5 to replace each key.



#### **Social Responsibility**

**Visitors** – You are allowed visitors, which you will be responsible for whilst they are on the property, providing your housemates consent and there is mutual respect. Visitors are not permitted to stay overnight, unless permission has been granted (for exceptional mitigating circumstances and short stays only). This is to ensure the security and safety of the environment and wellbeing of all residents.

**New Intimate Relationships** – We understand at this point of your recovery you may be forming relationships and moving forward with your life. We aim to support you with this and would like you to be aware of the high risk to your recovery these relationships can cause. If you wish to engage in a new relationship, be open and honest with staff and your housemates where possible. These relationships should be kept out of the house, to keep it a safe place for you and other residents. Failure to comply will result in the use of the discipline procedure.

Cleaning – There is a shared responsibility to keep the house clean and tidy. You will be expected to participate in a rotational weekly house clean for the communal areas and garden. This is to ensure fairness and structure to communal living, as well as maintaining relationships with your housemates. Keeping the environment clean will lead to clean thinking and clean living. It is your personal responsibility to keep your room up to standard, to express gratitude for what you have and respect for future residents. Please report any maintenance issues you discover during cleaning to staff. Failure to participate in cleaning to required standards will result in the discipline procedure.



Rent/Service Charges – It is your responsibility to pay any rent and service charges agreed within the license agreement on time and in full. The build-up of arrears of a month or more may result in your placement being at risk, cancelling your license agreement. To continue your support into independent living, you may be asked to participate in budgeting and finance management through discussions in house groups. Please also refer to your license agreement for further information on conditions and deposits.

**House Meeting** – There is an expectation for you to participate in a fortnightly house meeting, to: Maintain healthy relationships within the community, raise general concerns, challenge unhelpful behavior, discuss the cleaning responsibilities and planning budgets to pay bills, raise personal issues for the awareness of others and ask for help.

Offender Management/Probation/Court Orders – If you are subject to any orders, you are expected to attend and engage in any appointments with your offender manager or probation officer, and to follow directions and comply with any court order. Missing appointments without a valid reason or rationale may result in the use of the discipline procedure. If you are struggling or need help, please speak to your housemates, support network, keyworker and offender manager/probation officer to resolve your issues.

**Fellowship Groups/Discipleship** – You are expected to continue to develop your recovery journey by implementing and using the networks you have developed through the treatment process. It is your choice how you implement this; either through 12 step fellowship groups and sponsorship, or within church group fellowship and discipleship. Your recovery will be stronger if you have both, using them for support and building healthy relationships in the wider community.



Work/Voluntary Work — At this stage of your recovery, it would be assumed you have started to gain experience through voluntary work and/or paid employment. You are expected to grow and expand, and therefore continue with voluntary work for a minimum of two days, with the intention and willingness to seek full-time employment if you haven't already. This will help to maintain your employment record/history and build healthy references for your future transition. You are advised to save money to ensure an easier transition at the end of your tenancy. You are not expected to take up employment if you have undergone full-time training or education. If you are claiming benefits and housing benefits you are required to declare your earnings to DWP and the council. Failing to do so is dishonest and considered fraudulent and could impact your receipt of benefits. We cannot knowingly claim benefits on your behalf if you are not declaring your income and have a legal responsibility to notify the Council of any changes. Failure to declare your earnings would lead to the disciplinary process.

**Training/Education** – If you chose education and training instead of employment, Hope and Vision will give you time and space to continue this path. You are expected to participate and attend all college/university or training commitments, completing written work and assignments as requested by your provider.

**Gambling** – Is not permitted in any form for monetary gain inside or outside of the community, due to potential addictive behavioral problems and risk of cross addiction. If you are found to be gambling, you will be subject to the discipline procedure.

**Pornography and Prostitution** – This is damaging to your spiritual health and wellbeing, as well as the people you engage with. It is not acceptable in the community and will be destroyed if found. Engaging with prostitution will result in the use of the discipline procedure.

**Music** – Is permitted at reasonable levels within reasonable hours, with respect to your housemates and neighbors.



#### **Key-Working**

Objectives of key-working are to:

- Undertake random drug testing
- Set out a support plan of expectations from keyworker and client
- Emotional support through discussion, identifying your needs for future transition to independent living
- Support and signposting to other services
- Support into and maintaining employment
- Support finding and maintaining education and training
- Creating hope for the future by setting and achieving goals
- Develop living skills
- Maintain accountability, through the encouragement of using support networks in the wider community, such as 12 step fellowship groups and church groups
- Preparation and planning for future transition to moving on to independent living

#### **Discipline Procedure**

Although we are responsible to support you, we also have a responsibility to support all residents within the community. Failure to comply with the rules outlined puts the safety and security of that support at risk.

All infringements of the rules will be noted, and appropriate action taken: Generally, a verbal warning, followed by 2 written warnings for persistent behavior and resistance to change, followed by a final written warning or termination of your license. Serious non-compliance issues may escalate this process



Threatening abuse and/or behavior will not be tolerated either to staff other residents and will result in more serious consequences. Dependent on the severity of the incident, it may result in termination of your license with immediate effect or with a fixed notice to leave.

Please be reminded that consuming, possessing or being engaged in any way with drugs or alcohol will result in your license being terminated with immediate effect.

Concealing this behavior for others will result in the discipline process.

#### Moving on

It will be your responsibility to have saved up monies for moving on deposits and rent: It is suggested you plan this within key working.

If you were awarded financial help from the rent deposit scheme, this can be returned to you as a contribution to a future deposit, providing the property is left in the condition you found it and you have provided the details/payment details of the prospective landlord.

#### Declaration and agreement to the terms and conditions

	Witnessed by
Residents full name:	Keyworkers full name:
Residents signature:	Keyworkers signature:
Date:	Date: